


BAK TO
THE CITY



Vol. 08

General
Measures



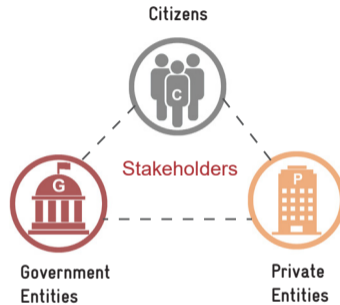
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#BACKTOTHECITY

Cities are at the core of the present Covid19 pandemic: density and urban life foster the spread of the virus. But at the same time, better basic infrastructures in urban areas help to fight the virus. Cities are in the front line to deal with the virus and to find new ways to live with it. Local stakeholders and decision makers from public entities, from private companies and citizens have shown a huge amount of creative ideas how to continue with urban life in the Covid19 situation.

This guide book “Back to the City”, is a compilation of those ideas and gives advise and valuable hints for decision makers to tackle the Covid-crisis in urban areas. It has been designed in a cooperation from Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ) GmbH and CEPT University under the BMZ funded project “Sustainable Urban Development - Smart Cities”, in India.



GENERAL MEASURES

Helping people get the right information to stay healthy is more important than ever in the face of a global pandemic like COVID-19. The guidelines stress the importance of keeping up-to-date information. Frequent transparent communications with the public and strong community engagements enables the public to maintain trust in the system to safely meet their essential needs and to control infection risk in health facilities. General measures will help to ensure that people continue to seek care when appropriate and adhere to public health advice.

Proper Usage of Masks

Masks are an additional step to help slow the spread of COVID-19 when combined with everyday preventive actions and social distancing in public settings.

Wear mask over your nose and mouth and secure it under your chin. Try to fit it snugly against the sides of your face. Make sure you can breathe easily.

#facemasks, #staysafe

#socialdistancing

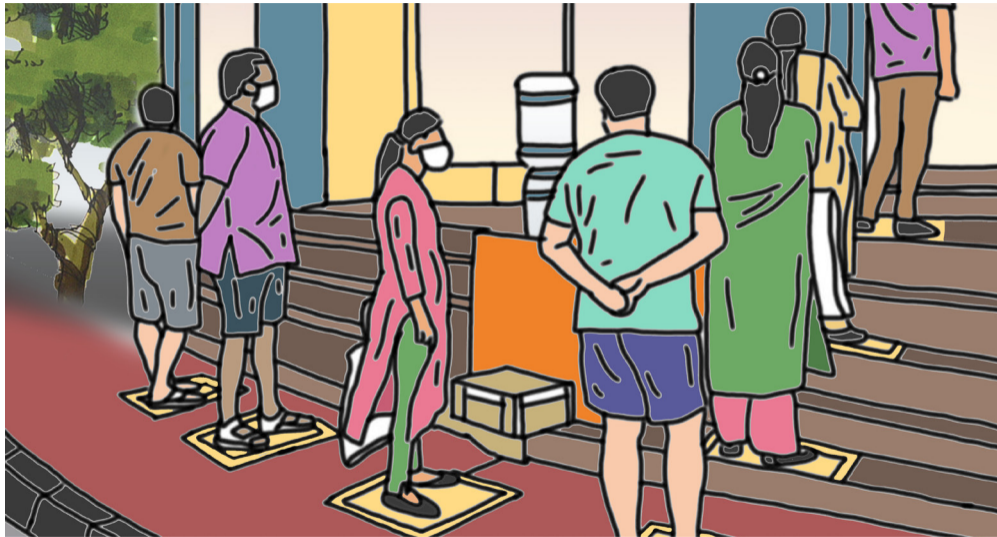


Keep the Distance

Social distancing is an infection control action that public health officials take to avoid close contact with each other.

Stay 06 feet/02 metre apart or minimum 03 feet/01 metre apart as it helps to put up a roadblock to the aerosolized and droplet methods of covid-19 transmission.

#mindthegap, #keepthedistance, #sixfeetapart



Use Foot Operated Hand Washing Stations

The major challenge in the post covid era is to avoid common touch points.

Use pedal operated hand washing station without physically touching the water tap and other liquid soap dispensers, making it least potential for contamination at public/common places usage.

#pedaloperatedwash, #goodhygiene, #staysafe



Avoid Spitting in Public

Spitting in a public place indicates both lack of civic sense and poor awareness on hygiene practices and leads to the spread of diseases.

Promote legislation that prohibits spitting in places of public work and also mandate the display of boards/signages pinpointing the offence with punishable heavy fine.

#donotspit, #respiratoryetiquette, #staysafe



Follow Respiratory Etiquettes in public

With the outbreak of respiratory and airborne infectious diseases, the emphasis is largely on cough etiquette and hand hygiene.

Follow respiratory etiquettes by covering the mouth while coughing, covering the nose while sneezing. Cough/Sneeze into your elbows instead of using bare hands.

#elbowcough, #respiratoryetiquette,
#socialdistancing



SUMMARY

Wear mask over your nose and mouth and secure it under your chin. Try to fit it snugly against the sides of your face. Make sure you can breathe easily.

Stay 06 feet/02 metre apart or minimum 03 feet/01 metre apart as it helps to block the aerosolized and droplet methods of covid-19 transmission.

Use pedal operated hand washing station without physically touching the water tap and other liquid soap dispensers, making it least potential for contamination at public/common places usage.

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Prepared by:

Deutsche Gesellschaft für Internationale
Zusammenarbeit (GIZ) GmbH

Registered offices:

Bonn and Eschborn, Germany
B-5/2, Safdarjung Enclave, New Delhi 110029
T: +91 11 49495353
I: www.giz.de/india

Responsible:

Georg Jahnsen, Project Manager
Sustainable Urban Development - Smart Cities (SUD-SC)

GIZ is responsible for the content of this publication.

On behalf of the
German Federal Ministry for Economic Cooperation and Development (BMZ)