

# 16. OPEN GYM – SOLAPUR

*“Better and accessible public spaces”*

– Part of vision, as mentioned in the Smart City Proposal (SCP) of Solapur

## CONTEXT

Solapur having a population of 951,558 (according to the 2011 census) is one of the major cities of Maharashtra. It is a textile and bidi-manufacturing hub with around 30% slum population. Some parts of the city are very dense with about 60% population living in 18% area of the city. These areas in particular lack quality open spaces.

Well-managed public open spaces form a critical part in improving the quality of life of the citizens. Solapur Municipal Corporation (SMC) maintains 32 gardens and parks in the SMC area. Some of these gardens/ parks are not utilized to their potential owing to lack of opportunities for open space related activities. The citizens aspire to have better open spaces with more recreational and physical activity related facilities. However these facilities are limited for citizens and are relatively lesser accessible to the poor section of the society.

## THE INTERVENTION

### Project description

Solapur has focused on open spaces for citizens and social inclusion as key areas for their Smart City implementation. In light of this, Open Gyms have been constructed with a view of realizing better utilization of the available open spaces as well as contribute towards the health needs of the citizens. This intervention targets to make quality health and recreation options accessible to all sections of the society. The following gym equipment have been installed in the SMC garden:

- Step up
- ABS Board
- Circular pull up station
- Hip twister
- Shoulder twister

### Key outputs/ outcomes

The open gym is operational since 16 February 2017. A large number of citizens, from all sections of the society, are using the facility for their morning and evening exercises.

### Impacts

The open gym has contributed to improving the quality of life of citizens by providing a healthy environment to meet their daily exercise and rejuvenation needs.

### Support and mobilized resources

SMC carried out the project work through a garden development contractor over a span of two months. The project work costed INR 4 lakh.



Open gym at Solapur Municipal Corporation (SCM) Garden